



Experience a scenic route through the unspoilt valley of Glenmore in the heart of the Cooley Peninsula, land of the Táin legend.

Sat 14th June

Start/Finish: Mullaghbuoy Community Centre.

Start time: 11AM.

Price: Chipped 10 mile race;

Early Bird - €20. After 1st June - €25.

€10 non-chipped 5km walkers, (mountain trail and road).

Registration: Online via http://www.precisiontiming.net/

+ on the day from 8am - 10am.

> AAI permit - over 16's

Chipped timing
Refreshments and live

music afterwards GPS: 54.019593, -6.219546 > Prizes: 1st/2nd/3rd male/female 1st two teams of 4

> Teams of 4 male/female Medals for all participants

Spot Prizes

Upcoming Races

5km road race in Carlingford,

1st Aug 2014

6km road race at Bush Track 19th Oct 2014

GLENMORE 🖟 ATHLETIC CLUB

For more information and updates check out www.facebook.com/glenmorechallenge



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