

KEARNEY & McBRIDE CUPS

5Km Chipped Road Race

Sunday 21st of October @ 1pm

Bush, Riverstown Dundalk, Co. Louth

5KM Road Race Prizes & Information

1st, 2nd, & 3rd Individuals- Senior Men & Women

Vet Men 45 & 55/ Vet Women 45 & 55

Team Prizes Men & Women, 1st 2 Teams of 3

Registrations- www.myrunresults.com

Entries: Online 15euro/ 20euro on the day

AAI Permit Athletes/ Must be born 2002 or before

JUVENILE CROSS COUNTRY PROGRAMME

Johnny Mullen Cup for best Juvenile Club

Juvenile Cross Country Programme begins at 12pm

2 Euro Entry Fee on the line in each race

Age Groups (Boys & Girls); Under 9/11/13/15

Prizes for the 1st 10 Individuals in each Race

Under 17/19, Male & Female, 1st 3 Individuals

1st 2 Teams of 3

After Race Refreshments served in Canteen

Enquiries to Irene 086 036 8463/ Rose 087 2325615

Glenmore AC
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